Specific Advice (Unit 1)

	Marks	Command words / stem	Issue
1	4	Outline. Refer.	Avoid evaluation. Do 1 ethical issue and expand, not 2 smaller ones!
2	6	Explain. Stem.	Avoid evaluation and explanation of studies. Each sentence you write should link to the stem. Use the whole stem.
3	6	Explain. Stem	
4	8	Discuss. Two processes.	Discuss = describe each process (3 marks) Explain strengths + weaknesses with evidence (5 marks) ∴You need more A03 than A01
5	3	*Briefly* explain.	Give 3 points from the mark scheme
6	5	Suggest. Outline 2 reasons.	Name the test. Give the reason and link it fully to the stem.
7	4	Outline 2 differences.	For each difference: clearly identify the difference, explain it with an example / more detail etc.
8	4	*Briefly* describe. Outline 1 limitation.	2 marks A01: retrieval failure (this is cue dependent) 2 marks A03: identify and explain 1 limitation **Check you've got the right type of forgetting for A01 – this *isn't* interference!**
9	8	Discuss. Refer to stem.	A01 (3): describe post-event discussion + EWT accuracy A02 (2): apply to the stem A03 (3): evaluate the evidence for/against the impact of post-event discussion on EWT accuracy Make sure you do all 3 A0s!! Still use PRC to get effective evaluation Using the stem well means *applying* it to the description. Avoid just requoting it. Use some detail when applying.
10	1	Which feature …	Check your understanding of CI interaction if you got these wrong!
11	1		
12	6	Describe. Critical period + IWM	Use specialist terminology effectively to get high marks. Avoid overkill on studies (e.g. Lorenz) – you need enough to show you know the study findings. Avoid A03 – you won't get any marks for it.
13	16	Discuss.	Without a stem, 16 marks = 6 A01, 10 A03 Check your balance – it's really easy to go into overkill on A01 and then have reduced A03 To move from L3 (9-11 marks) to L4 (12-16) check: A01 detail and accuracy, A03 effectiveness
14	14	Shade two boxes	If you got these wrong, go back through the emotional, cognitive and behavioural characteristics of OCD, depression and phobias again

15	6	Explain. Stem.	To improve check: accuracy and use of specialist terminology, link to the stem on each point, full coverage of both acquisition (CC) and maintenance (OC)
			Maintenance only uses negative reinforcement. It *isn't* about getting pleasure from avoidance but reducing stress/anxiety from avoidance.
16	16	Discuss.	See balancing of A01 + A03 on Q13 above and the advice on effective A03.
			It is correct to support a theory by saying it has real life application (therapy), but to get high evaluation marks you need to **fully justify** with evidence.
			If you are struggling to move from L3 to L4, also look at your conclusions in A03 - do they fully link back to the point with the evidence presented?

Specific Advice (Unit 2)

As there was no essay material here, use the mark scheme – and make sure you look for where you've lost marks because you didn't expand / link fully to the stem presented.